

Newsletter : 2015

WELCOME

Welcome, to our newsletter hi-lighting 2015.

Thanks to all group members for their contributions to this newsletter.

We welcome your comments on what to include in future newsletters!



RECENT VISITS/ACTIVITIES

Key Programme Celebration Event

The Group recently held an event to launch the Key enterprise programmes. These involved Cakes 4 U, Cards 4 U, Star Nails and Community Cafe Just 4 U.

Family, friends of the group members and volunteers attended and enjoyed the different stalls at the event and the members of the group enjoyed interacting with customers.

The group thanks it's members and volunteers for all their support.

Sarah

Key Programme Evaluation Event

The Group recently took part in an event to evaluate themselves throughout their Key Fund project.

The members enjoyed different aspects of the project, including; interacting with customers, buying materials and manufacturing the group's products. The group members also enjoyed developing new skills, as well as taking part in the launch event.

The group looks forward to developing o their new skills in their projects, doing market research for potential customers, developing outlets for the Cards 4 U group and receiving more orders.

Sam

Contact Details:

Skills4Work (Gateshead) Ltd,
Fusion Studio,
Harris Bank,
Birtley
Co. Durham,
DH3 2NL
Tel: 07582 288453
twskills@gmail.com
<http://www.skills4work.org>

Volunteer Lunch



Our volunteers are a key part in our organisation and our development. We are looking forward to lunch at the Ravensworth Arms, Lamesley.

The Lunch is a way of saying thanks for completing our recent in-house training programme.
(Lunch kindly funded by a private donation).

Tracey

Team Valley Business Networking Event



3 group members represented Skills4 Work at a recent networking event. It was a great opportunity for group members to develop their confidence and communication skills.

Thomas, Matt and Sam visited the other stands and explained to local businesses the programmes we offer ad if they could support us in the future

A huge thanks to Lisa at Uk Land Estates for making us very welcome and the opportunity to raise our profile to the local business community.

Thomas

Health and Wellbeing Evening

Our volunteers were invited to join us for a much deserved pamper.

We were very grateful for the support of the local business community who came along and offered their services and demonstrated free of charge.

Elif from SAS offered amazing hair styling. Whilst Christine and Annie who are both freelance therapists offered back and shoulder massages. Nic from Slimming World offered advice on a healthy lifestyle and Hillary demonstrated the art of quilting. Refreshments were kindly provided by the Co-op, Birtley, and The Key.

We would also like to thank the family and friends of the group members for donating raffle prizes and coming along to thank volunteers for their hard work.

A huge thanks to the community for supporting us at all of our events.

We were delighted that Christine Deponio accepted our invite to become a patron of Skills 4 Work alongside Dave Anderson MP.

Christine lost her sight at the age of 16 and despite her disability has amazing determination and drive. Christine represents everything that the group aims to achieve for the members and their families.

Tracey

Year of Walking

Group members took part in the Year of Walking celebration event. The group had a stall and held a Spin the Wheel and handed out leaflets about the group and the activities we do.

Sam

Morrisons Bag Pack

The group took part in a bag pack at Birtley Morrisons stores. The store had a nice atmosphere leading up to the Christmas holiday and the group would like to thank the staff and customers who made the group members and volunteers feel very welcome and we all enjoyed the day.

June

The Key Event at Thomas Hepburn School

Our Zumba group have been asked to run two 30 minutes workshops with Fiona the Zumba instructor. They are working very hard on their routine, good luck!

Matthew

Metro Radio Toy Appeal

The group has been collecting for the Metro Radio Toy Appeal. The donations were being collected at Fusion Studio and the group was able to collect a some gifts for the cause.

Sam

Barchester Open Day



We were delighted to be invited to showcase the work of 2 group members who attend one of the Barchester Homes for their weekly work placements.

Sam created a nail bar and some of the residents took the opportunity to enjoy a hand and arm massage and nail polish. Whilst Matt entertained all the residents with a twenty minute routine of arm chair exercises.

We then joined the residents and their families for afternoon tea.

Barchester provide a weekly quality placement for 2 of our group members, for which we are very grateful.

Matthew

CAB Organised Durham City Trip



The group members, volunteers and parents were all involved in a recent trip to Durham.

We travelled by train to Durham and walked from the station to Durham Cathedral.

For some people it was their first visit to Durham Cathedral which we all agreed is an amazing building and the volunteers were very helpful at explaining points of interest.

We then had a slow walk through the city and headed to a local Italian's for lunch.

Once again we were made very welcome and headed to the train for our journey home.

We are very grateful to Gateshead Young People's Service, CAB for organising the day and making it fun.

Peter

